1st GP Experience

Last season I had a really nasty bout of something that was flu like, fever, aches, bronchitis - went on for 3 months. I had also, a bit earlier, developed a headache that went on every day for 3 1/2 months. I was never prone to headaches, except in another journey, when I used med support, and it was a side effect, and to the best of my knowledge, no history of migraines in the family. I think sometime in my 50's I began to notice headaches a bit more. But why, at the age of 54 - an onset of a daily headache.